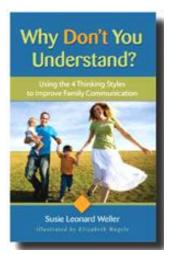
## Friday, February 4<sup>th</sup>, 2011 from 10 AM to Noon Location: LWSD Resource Center Board Room (16250 NE 74<sup>th</sup> St., Redmond)

## Why Don't You Understand? Improve Family Communication with the Four Thinking Styles

Presenter: Susíe Weller



Most family squabbles are related to how our brains are wired. Just as there's a dominant hand to write with, we also have a preferred thinking style. Opposites attract. Later, the very qualities that were so appealing become sources of irritation and arguments—especially about parenting. Explore new brain research to identify your typical brain style (and your family members) as well as your back-up mode under stress. *Learn how to speak in ways others understand at home and at work. Develop a respect for the diverse ways we think, relate, learn and even play together.* 

**Susie Leonard Weller, MA** has been teaching parenting, family management and workplace success skills for the Community Colleges of Spokane for over 19 years. She is a certified thinking styles consultant through Herrmann

International. Her Bachelor's & Master's Degrees focused on communication studies preparing her to help people manage their differences more successfully. She is the author of the book entitled, *Why Don't You Understand*. Until six years ago, she too struggled to respect differences within her own family relationships. And then she learned about the four thinking styles and how we each have an innate preference for how we think and communicate. Some are more Logical, Practical, Relational or Creative thinkers. However, the brain uses 100% more energy to think in our non-preferred style. No wonder it's easier to speak to some family members and feel out-of-sync with others.

## **Recommended for Parents of Students at all Ages**

Sponsored by the Lake Washington PTSA Council Questions? Contact Joanne Hall, Chair, Parent Education at <u>lwsdparented@gmail.com</u>