

Emily Dickinson Elementary School PTSA presents



***Taming the Elephant in Your Living Room:***

*Making Sure Media Works for Your Kids*

Thursday, April 30, 2009 at 7 p.m.

**Location:** The Commons at Emily Dickinson Elementary (7040 208<sup>th</sup> Avenue NE, Redmond)

**Dr. Dimitri Christakis**, an international expert on media and children, will present the latest research findings and his seasoned perspective on the following topics:

- How TV effects the young child's attention span and behavior (good and bad)
- What types of television programs promote social skills? Which promote aggression?
- How can parents take control over the TV and ensure that media serves a positive role in your child's development?
- Should parents be concerned about video games and social networking sites (MySpace, Facebook)

**Dimitri Christakis, MD, MPH** is the George Adkins Professor of Pediatrics at the University of Washington; the Director of the Center for Child Health, Behavior & Development at Seattle Children's Hospital Research Institute; and an attending pediatrician at Children's Hospital in Seattle. He is also a prolific author of over 130 original research articles, a textbook of pediatrics, and the parenting book, *The Elephant in the Living Room: Make Television Work for Your Kids*. (September 2006; Rodale). His research focuses on the effects of media on child health and development and has been featured on Anderson Cooper 360, the Today Show, ABC, NBC, and CBS news as well as all major national newspapers. He speaks frequently to national and international audiences of pediatricians, parents and educators about the effects of media on children of all ages.

**Recommended for all parents of elementary school students**

This event is sponsored by the Emily Dickinson Elementary School PTSA in conjunction with the Lake Washington PTSA Council

**Questions?**

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